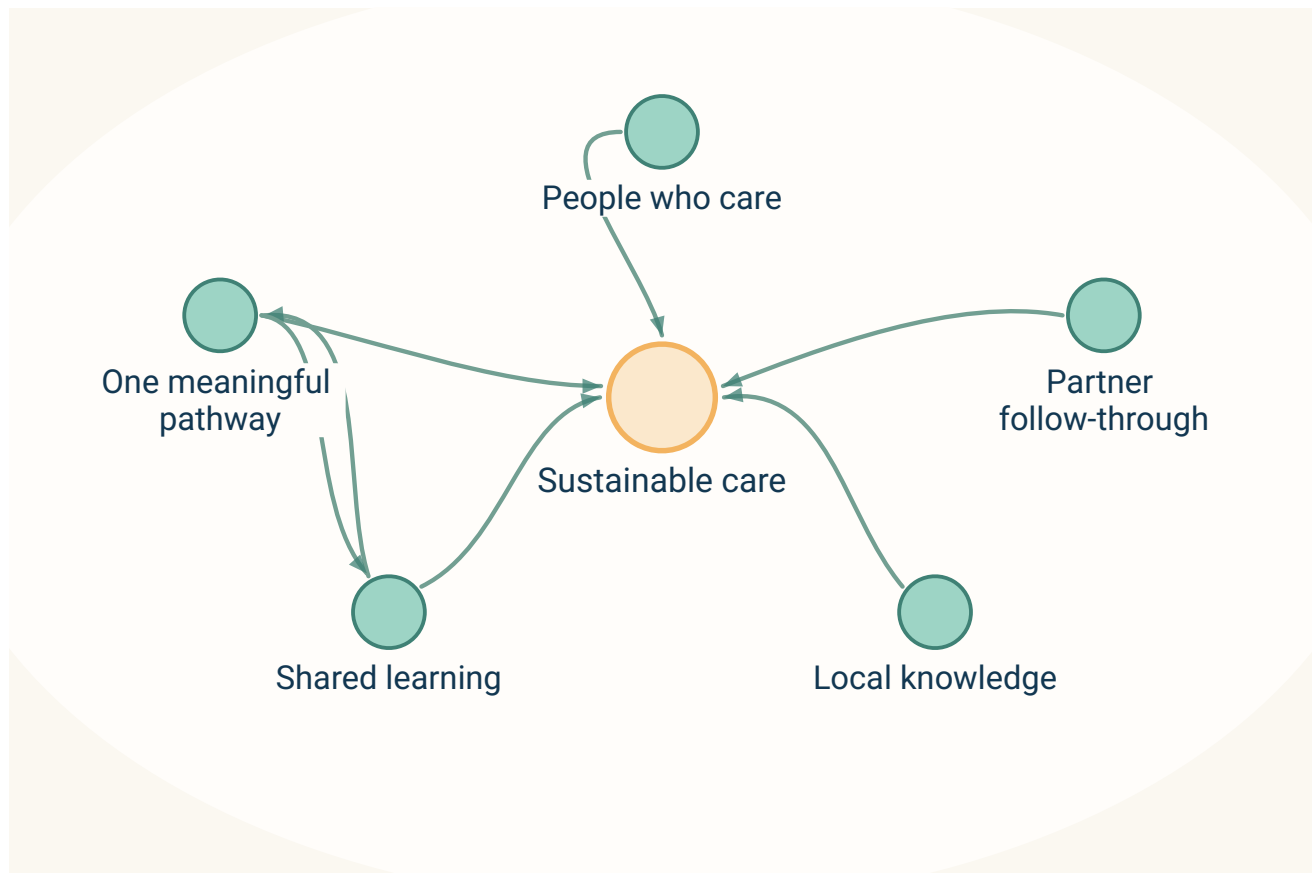


PART III — Better Care, Learning Together

Joe Gleason · Advance review draft 3.7 — October 2026



Connection map — Put the ten principles to work together

Supporting the people who care is part of making care sustainable. Partner follow-through requires understood commitments behind sustainable support. Local knowledge helps adapt shared principles to the setting. Shared learning helps people and organizations examine their support. One meaningful pathway gives the work a manageable place to begin. Shared learning informs what to try in the pathway. Experience from the pathway returns to the shared learning. These five chapters apply the ten principles; they are not five additional principles.

A useful framework has to survive an ordinary week.

The appointment changes. A family member's work schedule becomes difficult. A staff member needs help with a task they have not performed before. A volunteer notices

something worth sharing. Someone receiving care wants a different choice.

The ten CarePhysics principles give us ways to understand and respond to these situations. The next five chapters bring them together.

These are **applications of the ten principles, not additional principles**. We will examine how to support the people who care, build community relationships that follow through, adapt shared knowledge to local circumstances, learn across organizations, and begin with one meaningful pathway.

The focus moves from what makes an individual encounter useful to what makes good care sustainable.

That requires more than clear messages. Families need practical support. Staff need time, training, workable processes, and appropriate coverage. Volunteers need roles they can carry confidently. Organizations need resources and partners whose commitments are understood.

Design remains central. An invitation to ask for help should lead to a person who can respond. Training should prepare someone for a real task. A family plan should reduce uncertainty rather than give one person another document to maintain.

AI can assist with preparation, explanation, practice, and learning. With appropriate knowledge and rules, it can help carry useful experience forward. The people and organizations still need to provide the care behind the words.

We begin with a question that should appear in every support plan:

Who is supporting the people on whom this plan depends?